

Human Rights and Equity Studies (HREQ)

Discover the foundational concepts behind human rights, examine what constitutes rights violations and discuss the complexities around solving social issues. Our Human Rights and Equity Studies program explores the ethical principles of human rights as well as the roots and impact of human rights violations and efforts of remedy.

Sample First Year Schedule

Your first year classes in Human Rights and Equity Studies will consist of a mixture of courses within your major, general education courses and elective courses outside your major.

Course Type	Course(s)	Credits
Major Course	AP/HREQ 2010 - Introduction to Human Rights and Equity Studies	6.00
General Education Course	Any approved 1000 level course from the Humanities or Social Sciences	6.00 or 9.00
General Education Course	Any approved course from the Natural Sciences	6.00
Course Outside Human Rights and Equity Studies	Any course that is not a HREQ or general education course	3.00 or 6.00
Elective Course	Any course for which you meet the prerequisite requirements	3.00
Total		30.00 (maximum)

Program Options

With Human Rights and Equity Studies, you have the option of taking another program within the Faculty of Liberal Arts & Professional Studies as a Double Major or pursuing another program as a Minor. Human Rights and Equity Studies can also be taken as a minor.

Double Major Options Include:

African Studies	International Development Studies
Criminology	Multicultural and Indigenous Studies
Economics	Political Science
Gender and Women's Studies	+ many more!
Health and Society	

Minor Options Include:

African Studies	International Development Studies
Anthropology	Multicultural and Indigenous Studies
Economics	Political Science
Gender and Women's Studies	+ many more!
Health and Society	

The York Promise

York is here to support you throughout your unique university journey. Beyond academic achievement, we strive to enrich your student experience through personal and professional development by offering:

- **Career-Focused Services**

Career advising, career fairs and networking opportunities to help sharpen your professional edge.

- **Academic Support**

Learning skills workshops, outstanding libraries, academic accommodations, transition programs and academic advising services designed to help you every step of the way.

- **Social & Leadership Development Programs**

A vibrant social scene with more than 300 clubs and organizations to enhance student life, and help you develop soft skills you can bring to the table in your future career.



Tawfic Amandi
Third Year Student
Human Rights and
Equity Studies

“What I love most about Human Rights and Equity Studies is the bond students share with professors. We have small class sizes which allows professors to interact frequently with students and develop close relationships.”

Your Degree Pathway

A degree in Human Rights and Equity Studies requires the completion of 90 Credits for a Bachelor's Degree (three years) or 120 Credits for an Honours Degree (four years). Your courses will consist of Major, General Education, and Elective Courses.

First Year

First year will introduce you to the university environment, provide you with general education courses, and allow options for you to study courses aligned with your own interests.



Human Rights and Equity Studies Courses: Introduction to Human Rights and Equity Studies

General Education Courses: Humanities, Social Sciences or Natural Sciences (for non-science students)

Elective Courses: Your choice of courses outside of Human Rights and Equity Studies

Second Year

In your second year, you will continue your development of the fundamentals in Human Rights and Equity Studies.



Human Rights and Equity Studies Courses: Deviance, Human Rights and Social Control

General Education Courses: Humanities, Social Sciences or Natural Sciences (for non-science students)

Elective Courses: Choose new subjects to explore or continue to develop skills from previous selections

Third Year

Your third year in Human Rights and Equity Studies will allow you to explore specific interests in the field.



Human Rights and Equity Studies Course Options: Human Rights and the Global Economy, Research Methods in Equity Studies, Human Rights and the Canadian Charter of Rights and Freedoms + many more

Elective Courses: Choose new subjects to explore or continue to develop skills from previous selections

Fourth Year

In your fourth and final year, your courses in Human Rights and Equity Studies will be designed to meet your specific interests.



Human Rights and Equity Studies Course Options: Social Theories and Human Rights, Human Rights and Equity Studies Research Seminar + many more

Elective Courses: These courses can include additional Human Rights and Equity Studies courses or further courses of interest at the upper level



Your Degree!